Thursday Sept. 1 – Monday, Sept. 5
2016

RACE INFORMATION

FOR
Coaches, Crews, Officials & Escort Boat Captains
HYDRATION
Due to abnormally high air and water temperatures this year, it is important for all race participants to hydrate properly before and during all race activities.

The 2016 Queen Liliʻuokalani Long Distance Canoe Races pay tribute to the Queen and the spirit of ‘onipa’a (steadfast, resolute) with race medals designed with ‘onipa’a at the heart
COACH’S CHECK LIST

☐ FEES PAID.
   ALL FEES MUST BE PAID IN ORDER TO PARTICIPATE IN THE RACE.

☐ WAIVERS signed and packets received.

☐ OFFICIAL RACE NUMBERS on the canoe(s). (See page 3)

☐ Blessing at 6:00 a.m. Saturday that will last approximately five minutes.

☐ Race Start. (See pages 10 & 11)

☐ Emergencies. (See Emergency Procedures Pages 16 & 17)

GENERAL INFORMATION

Race Director: Mike Atwood
Race Registrar: Nicki Lacey-Enos
President Kai ‘Opua Canoe Club: “Bo” Campos
Medical Team Directors: Jeff Fair & Louise Morris
Canoe Match-up Coordinator: Mike Atwood
Double-Hull Coordinator: Lorilei Nakagawa
Alii Challenge Coordinator: Amy Young

MOKU O HAWAI’I OFFICIALS
Maile Mauhili, Aloha Mauhili, Mike O’Shaughnessy

***THERE WILL BE A PA SYSTEM FOR ANNOUNCEMENTS BEFORE RACES***
REGISTRATION

Registration Office is in the Courtyard Marriott King Kamehameha’s Kona Beach Hotel and is open:

Thursday, September 1 — 1:00 pm to 5:00 pm  
Friday, September 2 — 8:00 am to 6:00 pm  
Saturday, September 3 — 3:30 pm to 6:00 pm

**** NO SUNDAY REGISTRATION ****

WAIVERS

1. A WAIVER form for each crew must be signed by all Paddlers of that crew and turned in to Kai ‘Opua Registration in order to receive the crew’s race packet with canoe I.D. Decal Numbers. Registration closes at 6:00 p.m. Friday.

2. NO PADDLERS MAY PARTICIPATE WITHOUT HAVING SIGNED WAIVER FORMS!

3. I.D. Required if entering age division.

4. Iron Crews: Six (6) paddlers. No relief paddlers, no escort boats and no more than three (3) paddlers at least 16 yrs old.

5. Non-Iron: Nine (9) paddlers, two (2) helpers and one (1) coach. If the coach is also a paddler, his/her name must appear on the list as a paddler. No more than four (4) paddlers at least 16 yrs old.

6. PLEASE NOTE – 9-Person Category: The Captain of your escort boat must also sign a Waiver.

PADDLERS’ REQUIREMENTS PRIOR TO RACES

1. All paddlers must have signed waivers and be registered in order to participate. Paddlers in age-group divisions must bring identification showing proof of age at time of registration.

2. Double-Hull Races: Clubs may join together or have unregistered paddlers participating as members of their crew, provided all have signed Waivers.

COACHES’ / STEERSPERSONS’ MEETING

A coaches’ AND steerspersons’ briefing will be held at 7:00 p.m. on Friday, September 2, at the hotel’s ballroom.
DECALS — OFFICIAL RACE NUMBER DECALS

SATURDAY

1. A decal will be issued for each crew at the time of registration provided all fees are paid, all Waivers are signed, and verification of age is complete for all crews entering age divisions.

2. The Wahine and Mix 40+ decal is to be placed on left side of the canoe in the front (bow). The Kane and Mix Open number is to be placed on the left side of the canoe in the back (stern).

3. All numbers are to be placed on the dry canoe prior to the race. Place a strip of duct-tape on the leading edge of each decal. There will be roving Kai ‘Opua members to provide duct tape, assure proper placement of decals and prepared to answer questions you may have.

4. If a change has been made and a different crew is in the canoe, it is the responsibility of the captain to inform the timers at the finish line. DO NOT CHANGE NUMBERS ON CANOES.

5. All decals for Saturday’s races are to be removed after both races. Do not remove any numbers until after both races.

SUNDAY

OC1 & OC2 – Place Official Race Number Decal on the SIDE, (NOT ON THE TOP) OF THE CANOE. Wahine number on the left front (bow); kane number on the left back (stern) of the canoe;
OC-2 MIX on left front. (See 3, 4 and 5 above.)

STAND-UP PADDLE BOARDS

1. Decals will be issued Sunday.
2. Decal is to be placed on the TOP Left Side of Paddle Board.
3. Each Stand-Up Paddler will be body marked at the Hulakai official tent prior to the race.

DOUBLE-HULL

Place Official Race Numbers on left hull, left side--wahine in front (bow), kane in back (stern), Mix left front (bow). (See 2, 3 and 4 above.)

MONDAY

ALI‘I CHALLENGE — Place the decal on the RIGHT side of the canoe IN THE FRONT (BOW).
RACE SCHEDULE

THURSDAY, SEPTEMBER 1

Hulakai OC4 (4 person canoes) Sprint Relay Race
3:00 p.m.

SATURDAY, SEPTEMBER 3

Wa‘a Kaukahi — 18 miles
6:00 a.m. Blessing of canoes and paddlers at Kamakahonu

Wahine & Mix 40+ Races — Kailua Bay to Honaunau Bay
7:30 a.m. – Wahine Iron crews start
7:35 a.m. – Wahine Unlimited Canoes start
7:40 a.m. – Wahine OC-9 (Escorted Divisions) and Mix 40+ Iron start

Kane Races & Mix Open — Honaunau Bay to Kailua Bay (start times subject to change)
11:45 a.m. – Kane Iron crews and Mix Open start
11:50 a.m. – Kane Unlimited Canoes start
11:55 a.m. – Kane OC-9 – Escorted Division start

New! LIVE TRACKING

This year, the Queen’s Race is excited that we have teamed up with DotVision to bring you live tracking of Saturday’s races. DotVision Motion is a real-time geolocation platform for sporting events. You will be able to track your favorite crews and events LIVE. You will also be able to check each competitors’ statistics, such as their speed, course, placement and more. Use the link to track the race live or replay it in its entirety, as if you were there.

Go to kaiopua.org and click on the LIVE TRACKING LINK

BUS SHUTTLE SCHEDULE
FOR RACE PARTICIPANTS AND SUPPORTERS — $5.00 EACH WAY
SATURDAY, SEPTEMBER 3 ONLY

8:30 am - Depart from the front of the Courtyard Marriott King Kamehameha’s Kona Beach Hotel to Pu‘uhonua o Honaunau

11:30 am – Depart from Pu‘uhonua o Honaunau, return to the Kailua Pier

REQUIRED: Race participants and supporters have pre-registered and paid to use the bus shuttle
RACE SCHEDULE

SUNDAY, SEPTEMBER 4

Wa’a Kaulua - 5 miles

All races start at Kailua Pier — Turn at Official Boat — Finish at Kailua Pier

7:30 a.m. — Teen Girls / Boys / Mixed - OC-6
8:30 a.m. — Mixed Double-Hull 40+
9:00 a.m. — Kane / Teen Boys, OC-1, OC-2
9:00 a.m. — Stand-up Paddle Boards - LONG 4.5 miles
9:05 a.m. — Stand-up Paddle Boards - SHORT 3.5 miles
9:30 a.m. — Wahine Double Hull
10:45 a.m. — Kane Double-Hull
11:00 a.m. — Wahine / Teen Girls - OC-1, OC-2, Mixed
12:00 Noon — Mixed Double-Hull Open

MONDAY, SEPTEMBER 5

Ali’i Challenge — 8.5 mile course x 2 = 17 miles paddling

Wahine/Kane Paddling + tasks of skill and knowledge on a land course
Open (18 years and older)
50+ (50 years and older)
12-person crew – six women, six men

7:15 a.m. — Race Meeting – Meet at “elbow” of Kailua Pier
8:30 a.m. — Mandatory canoe safety check
9:00 a.m. — Pule
9:30 a.m. — Race start
1:30 p.m. — Crews finishing (paddling & land portion)
2:00 p.m. — Lunch and Awards, Laverne’s Sports Bar
1. Canoes only (no trailers) may be parked on Kailua Pier in preparation for the Races. All canoes are to be placed on the end and makai side of the Kailua Pier.

2. All canoes transported from Kawaihae will be placed on Kailua Pier.

3. Trailers are to be taken to the Old Airport Park Halau area for parking.

4. Canoes and trailers may be parked overnight at Honaunau for the Kane Race Saturday. Kai ‘Opua Canoe Club will not be responsible for any damages. All trailers must be parked on the upper road. No parking of any vehicles or trailers along the road past the boat ramp.

CANOE TRANSPORTATION TO HONAUNAU

Crews who will need their canoes trailered to Honaunau for the men’s race should inform the Race Director (Mike Atwood).

CANOE LOANS

Kai ‘Opua Canoe Club is not responsible for canoes loaned by other clubs to paddling crews. Please handle the canoes at all times with great care and respect.

OC-1 AND OC-2

Kai ‘Opua Canoe Club does not coordinate the rentals of OC-1 and OC-2 canoes. Try logging onto the race blog for requesting canoe availability.

PIER PARKING

Space is very limited on the Kailua Pier and only authorized vehicles with a “PIER PARKING PASS” will be allowed entry to the pier.
CANOE ELIGIBILITY

1. Canoes approved for racing by the various canoe racing associations throughout the state shall be declared eligible provided the following items are submitted to the race officials:
   
   a. Certification of weight of canoes (400# minimum).  
      (Copies of certification used by other associations and certified by their Race Director will be accepted.)
   
   b. Certification that the canoe is eligible and approved for racing in the corresponding club’s association.

CANOE CLASSIFICATION

Five classes: Koa, Non-Koa, Hawaiian Racer, Non-Traditional, Unlimited.

CREWS

1. Iron Crews: Six (6) paddlers. No relief paddlers, no escort boats and no more than Three (3) paddlers at least 16 yrs. old.

2. Mix Iron Crews: Three (3) men and Three (3) women

3. Non-Iron: Nine (9) paddlers, two (2) helpers and one (1) coach. If the coach is also a paddler, his/her name must appear on the list as a paddler. No more than four (4) paddlers at least 16 years old.

4. OC-1 and OC-2: No escort boats.

5. Double Hull: Twelve (12) paddlers, no changes, no escort boats.  
   Three Divisions: All women, All men, Mixed crew (with minimum of 5 women) 
   (See Fact Sheet)

6. Teens Single Hull:  
   Three Divisions —  
   13, 16, 18 & under boys  
   13, 16, 18 & under girls  
   Mix 18 & under

7. Thursday: Eight (8) paddlers. Divisions — Women, Men and Mix

ESCORT BOATS – FINISH LINE RESTRICTIONS

1. Wahine Race – An official boat flying a green flag, positioned approximately ½ mile from the Honaunau finish line will signify the turn-off point for escort boats.

2. Kane Race – An official boat flying a green flag, positioned approximately ½ mile from the Kailua finish line will signify the turn-off point for escort boats.

3. Escort boats will NOT be allowed to return to the Kailua Pier to off-load until AFTER completion of the race.

INSURANCE - GENERAL LIABILITY

1. All Escort / Official Boat Owners / Operators must carry a policy of general liability insurance.

Be a Part of the Kai ‘Opua Team!

JOIN US MONDAY MORNING (SEPT. 5) TO HELP LOAD CANOES THAT RETURN TO THEIR OUTER ISLAND HOMES.

COME TO THE KAILUA PIER,
WE’LL BE STARTING AS EARLY AS 6:30 AM.

COFFEE AND DONUTS AVAILABLE FOR OUR TEAM OF CANOE LIFTERS!
RULES FOR ESCORT BOATS

1. Each escort boat captain must sign a Waiver and turn it in to officials before the start of the race in which he/she is participating.

2. Escort boats may follow their canoes once the Race has started.

3. A Radio Announcement by the Official Starting Boat will be the signal to the escort boats that they may proceed for the first crew change.

AN ANNOUNCEMENT OVER VHFR 72 FIFTEEN (15) MINUTES AFTER THE START OF THE RACE WILL BE THE SIGNAL FOR THE FIRST CHANGE.

4. The bow of the escort boat must remain BEHIND THE CANOE unless the boat is dropping off paddlers to make a change.

5. No deliberate interference of another canoe by an escort boat will be allowed. Disqualification of crews due to violations of these Rules will be at the discretion of Race Officials.

6. Escort boats will not be permitted to launch from the Kailua Pier boat ramp. Due to the congestion and lack of parking on the Pier, escort boats must launch from an alternative ramp, i.e., Honokohau Harbor or Keauhou Bay. Personnel may be picked up from the Kailua Pier, however.

7. Emergency Procedures have been established (See attached: Page 10) and should be read thoroughly before the start of the race.

8. The following radio frequency channels will be used:

**COMMUNICATIONS:** VHFR 72

**EMERGENCIES ONLY:** VHFR 16
RACE START PROCEDURE — THURSDAY

Hulakai OC4 (4 person canoes) Sprint Relay Race

1. Horn start. Instructions given at the race meeting.

RACE START PROCEDURE — SATURDAY

1. The races will start on time.

2. A yellow flag raised by the starter boat will give the signal that the race will start in five (5) minutes.

3. Canoes will line up on the starting line and must be BEHIND official boats. Any canoe in front of the Starting Line will be penalized.

4. The lowering of the red flag and a HORN will signal the start of the race.

5. There will be a five (5) minute penalty for crews in violation of the starting procedures.

RACE FINISH PROCEDURE - SATURDAY

1. Wahine and Mix 40+ Wa’a Kaukahi Race will finish between the Finish Line boat “Nasty Habit” and an orange buoy positioned within Honaunau Bay.

2. The early canoe arrivals may maneuver to the public boat ramp, drop off paddlers and wait for the Kane and Mix Open crews to take over the canoes. All other wahine crew steerspersons will drop off their paddlers near “Two-step” so they can swim to the designated area where helpers will assist them on shore. The steersperson will circle back out into the Honaunau Bay and wait for the kane paddling crew to arrive and circle back for them. The beach area of the Park is closed due to archaeological discoveries.

3. Kane and Mix Open Wa’a Kaukahi Race will finish between two orange buoys by the Kailua Pier. After finishing, all canoes will make a RIGHT turn to avoid congestion in the race finish area.
**RACE START PROCEDURE – SUNDAY**

OC-1 & OC-2, Stand-up Paddleboards, Double Hull and Teen Races – Same as Saturday.

**RACE FINISH - SUNDAY**

1. All races Sunday finish between two orange buoys by the Kailua Pier.
2. They will then make a RIGHT turn to prevent congestion at the finish line.
3. Canoes may return to the beach area when it is safe to cross over.
4. Please encourage paddlers / steersmen to be alert as there will be heavy canoe traffic around the finish line and pier.

**RACE START PROCEDURE - Monday**

1. Canoes line up between buoy just off the south end of the Kailua Pier and official boat, facing the horizon.
4. The lowering of the red flag and a HORN will signal the start of the race.
5. There will be a five (5) minute penalty for crews in violation of the starting procedures.

**OFFICIALS**

1. MOKU O HAWAI’I Race Officials will be monitoring the races from Official Boats and MOKU O HAWAI’I race rules will be in effect.
2. Mike Atwood is the Race Director.
3. An official stand and P/A System will be available prior to the start of the races on Saturday and Sunday mornings for announcements and last minute details.
4. An official stand and P/A System will be at Honaunau Beach prior to the start of the kane race to assist in locating your officials, escort boat, etc.
RACE ACTIVITIES

HISTORIC KAILUA VILLAGE CULTURAL WALK
Thursday — 9:00 a.m. – Noon
Led by noted historian Hannah Springer. This is a free event. Meet on the beach at Courtyard Marriott King Kamehameha’s Kona Beach Hotel.

QUEEN LILI’UOKALANI CULTURAL FAIR
Thursday — 10:00 a.m. – 3:00 p.m.
Courtyard Marriott King Kamehameha’s Kona Beach Hotel – makai lawn
Artists and cultural practioners lead demonstrations and provide hands-on learning opportunities for a wide variety of traditional Hawaiian crafts. Beautiful crafts and local art on display during the all-day fair.

ARTS & CRAFTS AND FOOD BOOTHs
Saturday and Sunday there will be local vendors featuring arts & crafts from local artisans located in the cul de sac next to the pier entrance. There will also be a food booth on Friday, Saturday and Sunday.

TORCH LIGHT PARADE
Saturday — 7:00 p.m.
Participants meet at Hale Halawai County Pavilion. Starting at 7:00 p.m. the parade winds its way down Alii Drive to the Kailua Pier.

BLESSING AT OPENING OF RACES
Saturday at 6:00 a.m. on the beach fronting the Courtyard Marriott King Kamehameha's Kona Beach Hotel. All participants are encouraged to be there for a special Hawaiian ceremony.
AWARD PRESENTATIONS

SATURDAY AWARD PRESENTATIONS - Luau Grounds - 3:30 P.M.
The presentation of awards for Saturday’s races will take place at the Luau Grounds, makai of Courtyard Marriott King Kamehameha’s Kona Beach Hotel after the finish of the Kane Race.

SUNDAY AWARD PRESENTATIONS & LUAU AT MAKAEO EVENTS PAVILION — 2:00 P.M.
The presentation of awards for Sunday’s races will take place during the luau at the Makaeo Events Pavilion (Old Airport). Wrist bands will be provided to all participants and officials at the time of registration and will be required for admission to the luau. Additional luau tickets for relatives and friends will be available for purchase at the Race Registration desk and at the door.

MONDAY ALI’I CHALLENGE AWARD PRESENTATIONS — Lavern’s - 2:00 P.M.
The presentation of awards for the Ali’i Challenge will take place at the Laverne’s (located in Coconut Grove Marketplace). Wrist bands will be provided to all participants and officials at the time of registration and will be required for admission to the awards lunch. Additional lunch tickets for will be available for purchase at the Race Registration desk and at the door.

PU’UHONUA O HONAUNAU NATIONAL PARK

1. Saturday’s races impact heavily on this very historical park so we ask all paddlers, families and friends to please respect the area.

2. Clubs who have only men crews may leave their canoes overnight at Honaunau Bay, but not in the Pu’uhonua o Honaunau National Park cove. Canoes may be brought there after 12:00 noon on Friday. However, it will mean someone should stay with the canoes overnight.

3. Kai ‘Opua Canoe Club will not be responsible for any damages to canoes or equipment.

4. If you do stay overnight, preparation and eating of food should be done there at the bay. Pu’uhonua o Honaunau National Park does not permit camping or open fires in the park.

5. Please remind all paddlers, families and friends that the wall fronting the park is part of the park’s archeological/cultural landscape; climbing, placing towels or sitting on the wall is prohibited.

6. The Royal Grounds are closed to smoking, beach chairs, tents, mats, towels, beach umbrellas, coolers, picnicking and pets.
Canoes & Rigging Equipment

Bailers
All crews are responsible for providing their own bailers.

Rigging
All crews are responsible for providing their own rigging line and/or quick straps. Quick straps will be $70 for a set of 4.

4 Person Canoes
Sponsor of the Thursday relay, Hulakai, will provide canoes to the registered crews.

Double-Hull Equipment and Information
1. Kai ‘Opua Canoe Club will provide two 4” x 4” lengths of wood. If you are rigging your own canoes, please use your own quick straps. If you are rigging Kai ‘Opua canoes, Kai ‘Opua will provide the quick straps. (There will be some extra line to lash two canoe hulls together if needed.)
2. Clubs may combine paddlers to form 12-person crews.

OC-1 and OC-2
Kai ‘Opua Canoe Club does not coordinate the rentals of OC-1 and OC-2 canoes.

Standup Paddle Boards can be rented from:
Hulakai (their booth will be on the Kailua Pier Saturday and Sunday)
Kona Boys, on Kamakahonu Beach
Hypr, across the street from the Kailua Pier
SECURITY

1. There will be professional security guards at Kailua Bay watching over the canoes at night.

2. There will be off-duty police:
   a) At the entrance to the cul de sac by the pier (Friday – Sunday);
   b) At the Torchlight Parade, Saturday Awards, Sunday Awards and Luau; and
   c) Assisting with traffic at Pu‘uhonua o Honaunau National Park.

TIMERS

JTL Timers, a professional organization that does the timing for numerous other races, will be in charge of all timing.

MERCHANDISE SHOP

1. The Merchandise Shop is located in the Courtyard Marriott King Kamehameha’s Kona Beach Hotel.

2. Hours the shop will be open: Thursday (10am to 6pm), Friday (10am to 8pm), Saturday (10am to 6pm) and Sunday (8 to 12).

3. T-Shirts, especially designed for this race, will be for sale in the Merchandise Shop.

PHOTOGRAPHER

1. There will be professional photographers taking pictures throughout the races by boat.

2. There will be a photographer taking pictures, by request, of crews, groups, friends, etc. on Saturday early in the morning near the beach and after the races.

   charlaphotography.com

BROADCAST OF THE QUEEN’S RACE

The Queen Lili‘uokalani Races will air on Ocean Paddler TV. For air dates, email info@oceanpaddler.tv
EMERGENCY PROCEDURES

REPORTING OF ACCIDENTS

All clubs will be responsible for the reporting of all accidents in the following manner:

1. The seriousness of injury to a paddler, or escort boat occupant, should be determined by a doctor as to whether emergency help should be called.

2. In the absence of a doctor, the nurse, the coach or his representative and/or escort boat captain will determine whether emergency help is needed.

PROCEDURE FOR REPORTING ACCIDENTS

1. Radio message must be relayed to the Official Medical Boat via the Emergency VHF Channel 72.

2. In the case of extreme accident, contact the U.S. Coast Guard, Honolulu Group via VHF Channel 16.

3. In the event that radio contact cannot be made, a flare gun can be used in the following manner:
   a. Point the flare gun skyward and fire three (3) flares.
   b. Use large arm motions to nearby boats, waving the arms overhead.

4. Immediately upon making radio contact or sighting of flares, an Official Boat should locate and go to the vessel having difficulty.

5. The Official Boat should make certain that the Official Medical Boat is aware of the problem and assist in locating the vessel having difficulty.

6. A determination should be made as to which land pick-up point is closest to the vessel having difficulty.
   a. If it is a medical emergency, pick-up points for an injured or ill party will be Kailua Pier, Keauhou Bay or Honaunau Bay.
   b. Notification for ambulance assistance made by the Race Director or designee.

7. The following information shall be given upon radio contact:
   a. Name of Canoe, color and Official Race Numbers on canoe;
   b. Name of Vessel’s operator;
   c. Approximate location;
   d. Extent of problem (i.e., medical, mechanical). Describe clearly. Give name of individual if medical emergency.
   e. Nearest recognizable landmark or satellite fix of longitude/latitude.

8. As required by State Law, a “Boating Accident” form must be completed by the vessel operator within 48 hours of the accident. This is required if the accident results in:
   a. Loss of life or the disappearance of any person;
   b. Injury causing any person to require medical treatment beyond first aid;
   c. Actual damage to any vessel or to any other property in excess of $200.
HYDRATION
Due to abnormally high air and water temperatures this year, it is important for all race participants to hydrate properly before and during all race activities.

MEDICAL EMERGENCY CONTACT NUMBERS

Race Director — Mike Atwood…….808-937-3255

Medical Director — Jeff Fair MICT…….907-738-8987

Medical Director — Louise Morris RN…….808-937-1783

Medical Coordinator — Lillian Matsumoto…….808-430-5351

MEDICAL TEAM

Medical crews are on official boats to respond to medical emergencies.

Medical staff available shore side at Honaunau Bay.

Medical staff available at Kailua Pier under the green tent.

Police/Fire: Call 911